



# CYFAM 4th Annual Conference Attendee Guide

## To register for the conference:

<https://www.tinyurl.com/cyfampamana>

## Connect with us!

Website: [www.cyfam.org](http://www.cyfam.org)

Instagram: [@thecyfamorg](https://www.instagram.com/thecyfamorg)

Twitter (X): [@thecyfamorg](https://twitter.com/thecyfamorg)

Facebook: [www.facebook.com/thecyfamorg](https://www.facebook.com/thecyfamorg)

## Have questions on the day of the conference?

Please reach out to us via email at [conference@cyfam.org](mailto:conference@cyfam.org).

For more information regarding the conference program,  
please visit <https://www.cyfam.org> (Conference tab).

## Dress Code, Weather Check, and Items to Bring

The dress code for the conference is business casual to semi-formal. On average, the temperatures near UCLA in February are between 46°F and 66°F. We recommend checking the forecast at least 1 week prior to traveling. The conference will take place indoors - light jackets along with comfortable closed-toes shoes are recommended.

We also recommend bringing a notebook or tablet for any note taking on the workshops and research presentations that will take place, as well as refillable water bottles as there are water stations available at the venue. You are welcome to bring any personal snacks, hygiene items, and chargers. Backpacks, briefcases, satchels, and shoulder bags will be allowed in the conference



# TRANSPORTATION RESOURCES

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For those traveling by plane, there are two available airports: [LAX](#) and [Burbank Airport](#). Without a personal/rental car, rideshare apps such as Uber, Opoli, or Lyft are the recommended options for transportation to the venue and around the city, especially if you plan on exploring locations and activities outside the UCLA area.

## Flying LAX

Uber, Opoli, and Lyft are the authorized rideshare app services at LAX. When leaving LAX, rideshare apps and taxis can be settled at the LAX-it lot next to Terminal 1.

- *When taking a rideshare app to LAX, you can be dropped off directly at your terminal on the Upper/Departures level.*

**To get to LAX-it to find Ride Apps (or Taxis) follow these steps:**

1. When you exit the terminal on the ground level (baggage claim level) you can walk to the LAX-it lot by Terminal 1 or ride the free LAX-it shuttle, which can be picked up on Lower/Arrivals level at the inner curb outside of baggage claim areas at the green LAX-it signs.
2. If you need assistance getting into or out of the shuttle, ask the bus operator for help.
3. Once on your way to the LAX-it lot, use your app to schedule your ride.

For more information on the LAX-it lot, [click here](#).

Rental Car offices are located off airport, away from airline terminals. These companies meet arriving passengers under the purple "Rental Car Shuttles" sign on the Lower/Arrivals level islands outside baggage claim. Visit the [rental car section](#) of the LAX Ground Transportation page for details about available service providers.

Of note, the [LAX FlyAway®](#) buses offer regularly scheduled round-trips, going between each Terminal at LAX and the FlyAway locations at Van Nuys and LA Union Station. Passengers leaving LAX may board buses on the Lower/Arrivals level in front of each terminal at the blue FlyAway® columns.

- *You may pay the fare of \$9.75 on the bus using a contactless Visa/Mastercard credit/debit card, Apple Pay, or Google Pay. (Cash is not accepted for on-bus payments)*

## Flying Burbank Airport

Rideshares and taxis have a designated pick-up/drop-off spot located within the ground transportation island across the Terminal B entrance. You can also rent a car on-site at the Airport's Regional Intermodal Transportation Center (RITC).



## General Notes

Traffic in the Westwood area is heavy and public transportation can be unreliable. As such, attendees are advised to plan for extra travel time.

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## Rideshare/Taxis to UCLA

Attendees planning on using a taxi or rideshare apps such as Uber or Lyft to get to UCLA should set their dropoff/pickup spot to "Luskin Conference Center" or "Ackerman Union" as UCLA has designated ride-hailing zones. The James West Alumni Center (JWAC) is a 2-minute walk from this dropoff location.

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## Public Transportation

Several local bus lines serve UCLA Campus, namely the [Santa Monica Big Blue Bus](#) and the [Culver CityBus](#). Note that Culver CityBus Line 6/6R is the primary public transit route to-and-from LAX, and the Big Blue Bus is utilized more locally (i.e. UCLA to Santa Monica or Koreatown).

All means of public transportation in West Los Angeles use [TAP Cards](#) or [TAP App](#) as the method of payment. Fees range from \$1.00 - \$1.50 for a single trip, or you can purchase a 1-Day pass on TAP for \$4, and a 7-Day pass on TAP for \$14 and can take as many rides as needed.



## Parking at UCLA

The closest Parking Lots to JWAC are Parking Lots 4, 7, and 8. (Parking Lot 4 is the main visitor parking lot at UCLA). All are about a 5-minute walk to JWAC. Google/Apple Maps are accurate in directing drivers to the entrances for the parking structures.

*It's important to pay for parking since UCLA Parking Enforcement issues citations every day, especially weekends.*

### *Parking Structure 4*

*Rate: \$4.00-\$12.00 (1 hr - 3 hrs)*

*\$15.00 All Day Parking*

*221 Westwood Plaza*

*Los Angeles, CA 90095*

### *Parking Structure 7*

*Rate: \$4.00-\$12.00 (1 hr - 3 hrs)*

*\$15.00 All Day Parking*

*336 Charles E. Young Drive, North*

*Los Angeles, CA 90095*

### *Parking Structure 8*

*Rate: \$4.00-\$12.00 (1 hr - 3 hrs)*

*\$15.00 All Day Parking*

*555 Westwood Plaza*

*Los Angeles, CA 90095*

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## Bike

There are bike racks immediately next to the James West Alumni Center.

# UCLA MAP



# Hotel Accomodations

## UCLA Guest House

330 Charles E Young Dr E, Los Angeles, CA, 90024  
Distance: On Campus  
+1 (310) 825-2923

## UCLA Luskin Conference Center

425 Westwood Plaza, Los Angeles, CA  
90095  
Distance: On Campus  
+1 855-522-8252

## Royal Palace

1052 Tiverton Ave, Los Angeles, CA 90024  
Distance: UCLA Adjacent  
+1 (310) 208-6677

## The W

930 Hilgard Ave, Los Angeles, CA 90024  
Distance: UCLA Adjacent  
+1 (310) 208-8765  
+1 (310) 208-6677

## Palihotel Westwood Village

1052 Tiverton Ave, Los Angeles, CA 90024  
Distance: UCLA Adjacent  
+1 (310) 340-1234

## Plaza La Reina

10850 Lindbrook Drive, Los Angeles, CA  
90024  
Distance: UCLA Adjacent  
+1 (310) 986-6888

## Hotel Angeleno

170 N Church Lane, Los Angeles, CA 90049  
Distance: About 5 minutes from UCLA  
+1 (310) 274-7777

## Luxe Hotel Sunset

11461 Sunset Blvd, Los Angeles, CA 90049  
Distance: About 5 minutes from UCLA  
+1 (310) 476-6571

## Kimpton Hotel Palomar

10740 Wilshire Blvd, Los Angeles, CA 90024  
Distance: About 5 minutes from UCLA  
+1(310) 475-8711

## Beverly Hills Plaza Hotel & Spa

10300 Wilshire Blvd, Los Angeles, CA 90024  
Distance: About 5 minutes from UCLA  
+1 (310) 275-5575

## Holiday Inn Express West Los Angeles

11250 Santa Monica Blvd, Los Angeles, CA, 90025  
Distance: About 5 minutes from UCLA  
+1 (310) 274-7777

## The Beverly Hilton

9876 Wilshire Blvd, Beverly Hills, CA 90210  
Distance: About 5-10 minutes from UCLA  
+1 (310) 274-7777

## Best Western Royal Palace Inn & Suites

2528 S Sepulveda Blvd, Los Angeles, CA  
90064  
Distance: About 10 minutes from UCLA  
+1 (310) 477-9066

## Comfort Inn Santa Monica

2815 Santa Monica Blvd, Santa Monica, CA 90404  
Distance: About 10-15 minutes from UCLA  
+1 (310) 828-5517

*\*\*For those with access to a car, or have plans to explore more of the Los Angeles area, other neighborhoods to search for an [AirBnB](#), [Vrbo](#), or [other hotels](#) include Santa Monica, Marina Del Rey, Venice Beach, Pasadena, Hollywood, or North Hollywood of the San Fernando Valley.*



## FOOD ACCOMMODATIONS & THINGS TO DO NEAR UCLA

Lunch will be catered during Day 1 at the conference. Day 2 of the conference is scheduled to end at 12:30PM, and there are an array of food options available that are nearby the venue. Note: UCLA's Ackerman Union is closed during the weekend.

At UCLA, guests can explore much of the world-renowned institution including the Fowler and Hammer museums, Royce Hall, the UCLA Athletics Hall of Fame, Pauley Pavilion, and of course the campus itself! UCLA is known for its manicured landscapes and terrain, making it ideal for walking and picnicking. Bringing food items and a lawn blanket to campus is welcome, and the community of Westwood also offers a variety of shopping and dining destinations surrounding UCLA.

Please see some recommendations below for food options that are in the nearby Westwood area. More options are recommended at Sawtelle Japantown, about a 5-10 minute drive from campus.

### Westwood

Plateia (Mediterranean-inspired food at UCLA  
Luskin Conference Center, 1st Floor)  
425 Westwood Plaza, Los Angeles, CA, 90095  
(310) 794-3563  
Open for Lunch: 11:00 AM - 2:00 PM  
Re-opens for Dinner: 5:00 PM - 10:00 PM

In-N-Out  
922 Gayley Ave., Los Angeles, CA, 90024  
(800) 786-1000  
Open: 10:30 AM - 1:00 AM

The Boiling Crab  
10875 Kinross Ave., Los Angeles, CA, 90024  
(310) 208-4888  
Open: 12:00 PM - 10:00 PM

### Sawtelle Japantown

Tsujita LA Artisan Noodles  
2057 Sawtelle Blvd., Los Angeles, CA, 90025  
Open: 11:00 AM - 10:00 PM  
(Note: directly across the street you can find  
Tsujita Annex for a meatier broth, or Tsujita Killer  
Noodle for spicy food fans)

Marugame Udon  
2029 Sawtelle Blvd., Los Angeles, CA, 90025  
(424) 317-2222  
Open: 11:00 AM - 9:00 PM

Big Boi (Filipino Comfort Food)  
2027 Sawtelle Blvd., Los Angeles, CA, 90025  
(310) 963-9769  
Open: 11:00 AM - 8:00 PM



## Westwood

BJ's Restaurant & Brewhouse  
939 Broxton Ave., Los Angeles, CA, 90024  
(310) 209-7475  
Open: 11:00 AM - 11:00 PM

Northern Cafe Dumpling House  
1064 Gayley Ave., Los Angeles, CA, 90024  
(310) 208-8830  
Open for Lunch: 11:00 AM - 3:00 PM  
Re-opens for Dinner: 5:00 PM - 9:00 PM

Diddy Riese Cookies  
926 Broxton Ave., Los Angeles, CA, 90024  
(310) 208-0448  
Open: 12:00 PM - 11:00 PM

Lamonica's NY Pizza  
1066 Gayley Ave., Los Angeles, CA, 90024  
(310) 208-8671  
Open: 11:30 AM - 10:00 PM

Elysee Bakery & Cafe  
1099 Gayley Ave., Los Angeles, CA, 90024  
(310) 208-6505  
Open: 7:00 AM - 10:00 PM

LULU Restaurant  
10899 Wilshire Blvd., Los Angeles, CA, 90024  
(424) 999-4870  
Open Saturday: 11:00 AM - 8:30 PM  
Open Sunday: 11:00 AM - 6:00 PM

## Sawtelle Japantown

B Sweet (Filipino-inspired Dessert Bar)  
2005 Sawtelle Blvd., Los Angeles, CA, 90025  
(310) 963-9769  
Open: 12:00 PM - 10:00 PM

Spoon & Pork (Filipino Comfort Food)  
2121 Sawtelle Blvd., Los Angeles, CA, 90025  
(424) 248-3352  
Open for Lunch: 12:00 PM - 3:00 PM  
Re-opens for Dinner: 5:00 PM - 9:00 PM

Chinchikurin (Hiroshima-style Okonomiyaki)  
2119 Sawtelle Blvd., Los Angeles, CA, 90025  
(310) 478-0521  
Open for Lunch: 11:30 AM - 4:00 PM  
Re-opens for Dinner: 5:00 PM - 9:00 PM

Kura Revolving Sushi Bar  
2130 Sawtelle Blvd. Suite 111, Los Angeles,  
CA, 90025  
(310) 597-4490  
Open: 11:00 AM - 10:00 PM

Daikokuya Ramen  
2208 Sawtelle Blvd., Los Angeles, CA, 90025  
(310) 575-4999  
Open: 10:00 AM - 12:00 AM (next day)

Millet Crepe  
2011 Sawtelle Blvd., Los Angeles, CA, 90025  
(310) 473-0430  
Open: 1:00 PM - 11:00 PM

*\*Parking at Sawtelle is typically street parking, but a free public parking lot is available at 11270 W Olympic Blvd. There is also a closer paid lot (\$5-\$10) underground after entering the plaza with Nijiya Market at 2114 Sawtelle Blvd.*

