

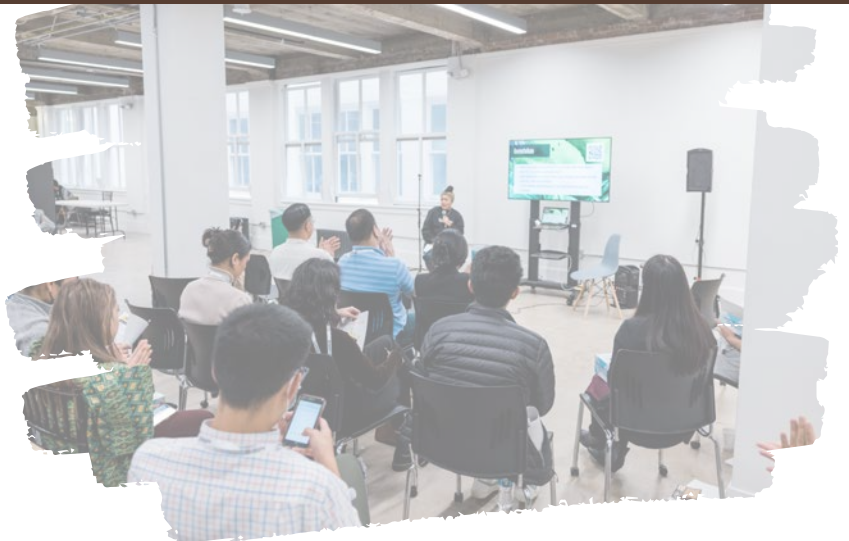


2023 CYFAM CONFERENCE

MAGKASAMA

*Stories of Healing,
Resilience, and Fortitude*

JANUARY 13-15, 2023 | SAN FRANCISCO, CA AND VIRTUAL



Magkasama:

Stories of Healing, Resilience, and Fortitude

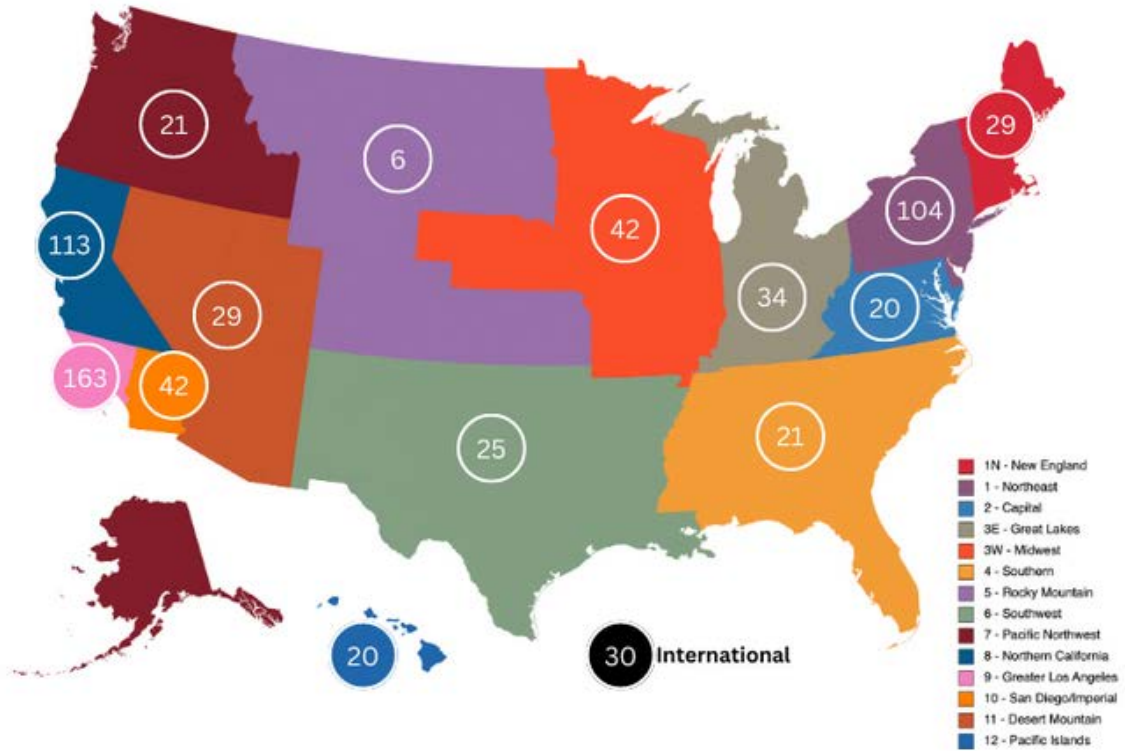
This theme celebrates the resilience of our communities which makes reunion possible. While the COVID-19 pandemic continues, our communities have demonstrated great amounts of care, labor, and energy to fill the gaps left by our strained systems and institutions. As Filipinx and Filipinx Americans in medicine, we share a deep history of resilience with our predecessors who provide care and community in times of unprecedented hardship. This conference was designed to reflect on these shared experiences, uplifting and celebrating their potential to transform our systems, connections, and relationships. We hope that through this conference, we inspire each other to grow both as individuals and as a community.



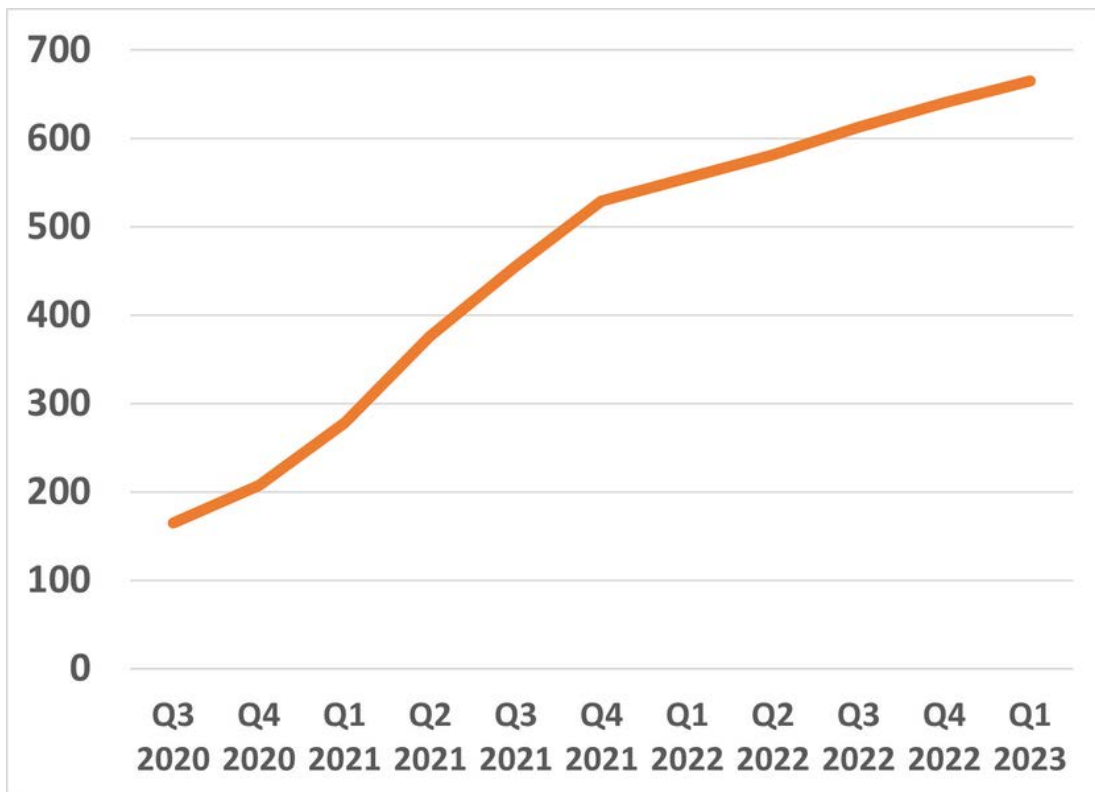
Growing our CYFAMilya

CYFAM Representation by Region

Regions are similar to those of other FilAm associations to promote community engagement. Because trainees may move for education, members may designate more than one region.

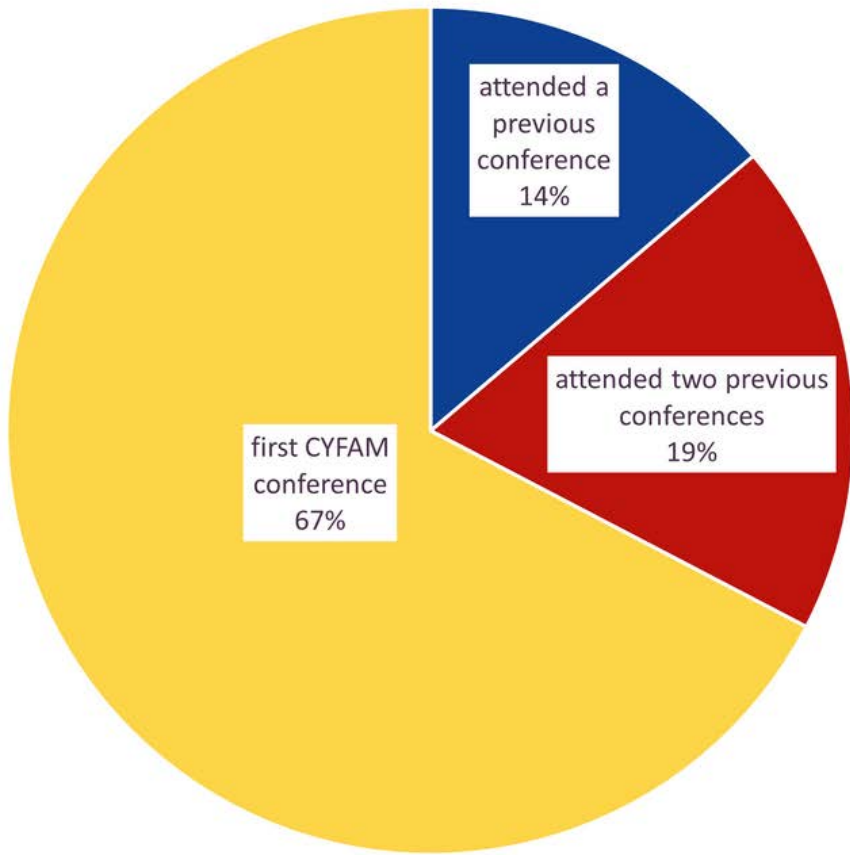


CYFAM Membership Over Time

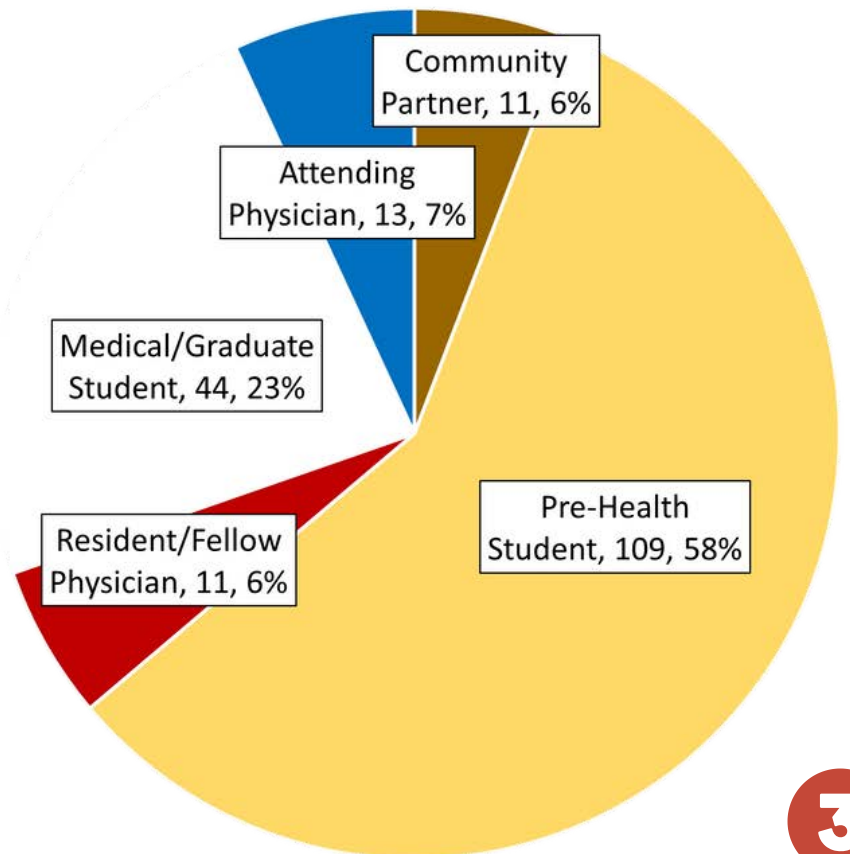


Our Conference in Numbers

"Is this your first CYFAM Conference? "



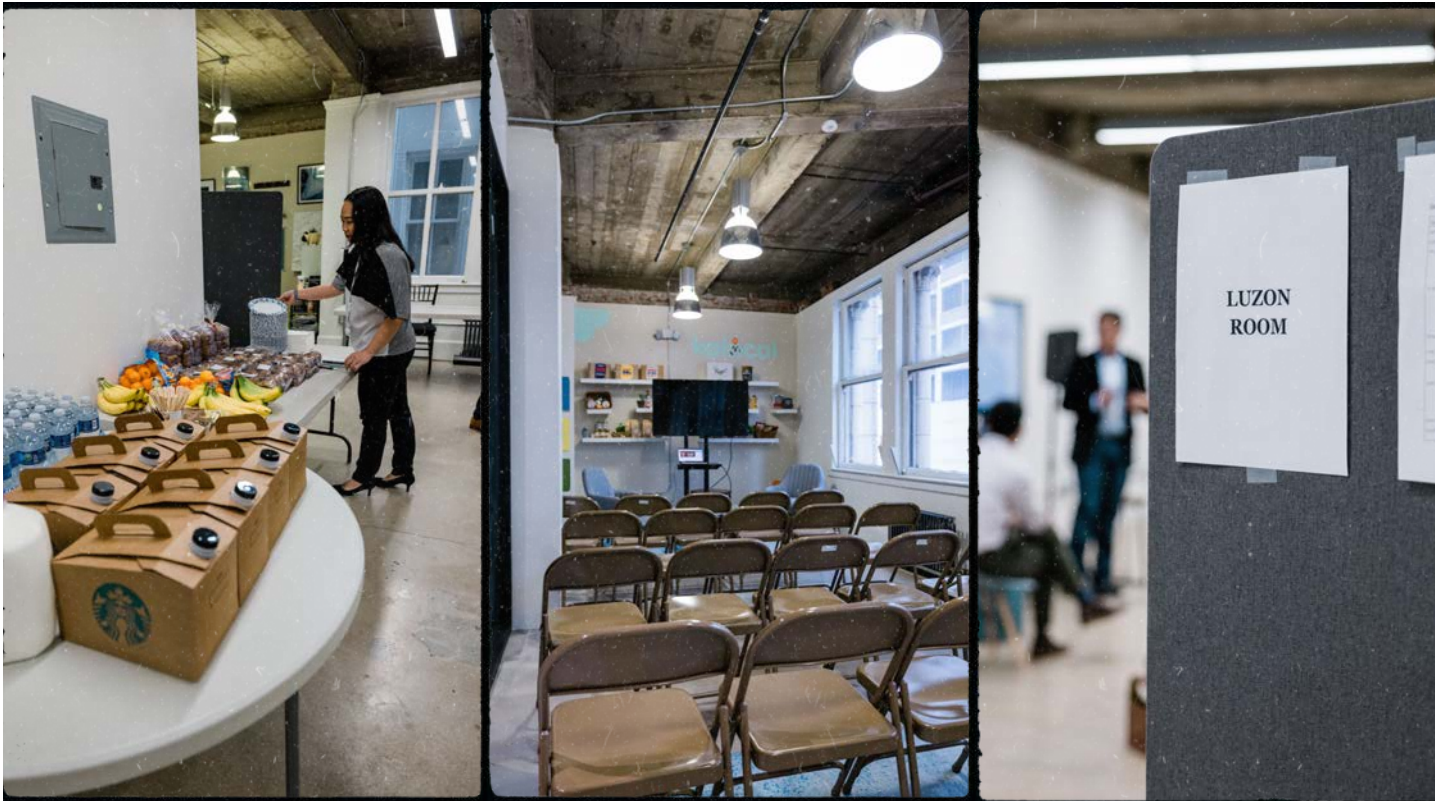
Conference Attendees by Training Level





a hardworking team

PREPARING A WEEKEND OF
COMMUNITY, EDUCATION, AND
MEDICINE



KEYNOTE SPEAKERS

Vania Manipod, DO

Board Certified Psychiatrist based in Orange County, California editor of chief of The DO Magazine, a publication of the American osteopathic association, and clinical assistant professor of psychiatry at Western University of Health Science



Julieta Gabiola, MD

Clinical Professor of Medicine, Department of Medicine, division of PCPH (Primary Care and Population Health) at Stanford Medicine. She is a general internist with an interest in non-communicable diseases and their prevention and early treatment. She currently works at Express Care.



workshop presenters

Adrian Bacong, PhD, MPH

"Immigration and Structural Racism: History, Health, and Wellbeing Among Filipina/x/o Americans"

Adrian Matias Bacong, PhD, MPH is a postdoctoral research scholar with the Stanford University School of Medicine - Division of Cardiovascular Medicine and the Center for Asian Health Research and Education. His research explores the intersections of immigration and structural racism on health, specifically among Asian individuals. His work also examines health disparities by immigration/citizenship status and among racially minoritized individuals.



Jei Africa, PsyD, MCSP, CATC-V

"Embracing Love and Justice in Healing"

Dr. Jei Africa, PsyD, MSCP, CATC-V, Assistant Director of Human Services Agency at the County of Marin, is an innovative thought-leader and clinician who is passionate about integrating effective culturally responsive practices into the core functioning of County health and human services. Dr. Africa has over two decades of counseling, teaching, consulting, and private practice expertise in the areas of behavioral health, trauma, health equity and diversity.



Maria Rosario "Happy" Araneta, PhD, MPH

"Unrecognized Type 2 Diabetes Prevalence and Unique Risk Factors among Filipinos"

Maria Rosario (Happy) G. Araneta PhD, MPH, is Professor of Epidemiology in the Department of Family Medicine, and Associate Dean for Diversity and Community Partnerships at the University of California San Diego (UCSD) School of Medicine. She is the co-Principal Investigator of the Diabetes Prevention Program Outcomes Study (DPPOS) where UC San Diego is one of 26 participating sites, and PI of the UCSD Filipino Health Study, a longitudinal study of diabetes and metabolic abnormalities among Filipino men and women.



workshop presenters



Hannah Divino

"Heal Self, Heal Others: Reimagining Inclusive Medicine and Culturally-Rooted Healing"

Hannah Rhea Divino is a Pinay, second generation immigrant, and mental health advocate raised in South Stockton. With a Bachelor of Arts Degree in Sociology and Psychology at UC Davis and Masters of Social Work degree in progress, she hopes to facilitate individual and collective healing for marginalized communities in Stockton.

Daisha Alexander

"Heal Self, Heal Others: Reimagining Inclusive Medicine and Culturally-Rooted Healing"

Emerging from Mariana's Trench and the deep jungles of Guam, Daisha was born from the heat of the lava that created Islan Guahan. With the heat running through her veins she aspires to redefine the existence of Indigenous Women in the capitalist world.



Graschelle Hipolito

"Heal Self, Heal Others: Reimagining Inclusive Medicine and Culturally-Rooted Healing"

Graschelle Fariñas Hipolito was born in Vallejo, CA and raised in Stockton, CA. She graduated from UC Davis in 2020 with a B.S. in Neurobiology, Physiology, and Behavior with a minor in Comparative Literature and completed CSU East Bay's post-baccalaureate program last year.



workshop presenters

Paul Adam Gonzales, MD

"Resilience in Medicine: A Young Filipinx Physician Panel"

Paul Adam Gonzales, MD is a Postdoctoral Research Fellow at the UCSF Center for Mindfulness in Surgery. His research interests include how mindfulness training affects burnout and stress in surgery residents. He conducts quantitative and qualitative research methods to investigate factors that influence well-being in surgery training and inform the design of tailored system-level interventions to improve physician well-being. He is an international medical graduate (IMG) pursuing residency training in surgery.



Jessica de Leon, MD

"Resilience in Medicine: A Young Filipinx Physician Panel"

Dr. Jessica de Leon received her undergraduate degrees in neuroscience and Spanish at Johns Hopkins University and her MD with thesis degree at UCSF. She then completed a medicine internship, neurology residency, and behavioral neurology fellowship at UCSF. Dr. de Leon is currently an assistant professor at the UCSF Memory and Aging Center (MAC), where she focuses on care of patients with cognitive impairment and dementia. She also evaluates children with learning differences at the UCSF Dyslexia Center and is an attending neurologist in the Geriatrics Neurology Cognitive Clinic at Zuckerberg San Francisco General Hospital.



Natasha Abadilla, MD

Natasha is a first-generation Filipino American who was born and raised on the island of Kauai in Hawaii. Her parents are both from Ilocos Norte. She attended Stanford University for undergrad, receiving her Bachelor's Degree in Human Biology, lived and worked for 2 years in Kenya with non-profits and health-centered social enterprises, then returned to Stanford for medical school and is now in her 2nd year as a resident physician in the Department of Pediatrics and Child Neurology.



workshop presenters



Don Dizon, MD, FACP, FASCO

Don S. Dizon is a Professor of Medicine and Professor of Surgery at Brown University and serves as the Vice Chair of Diversity, Equity, Inclusion and Professional Engagement at SWOG Cancer Research Network, a member of the National Cancer Institute's National Clinical Trials Network. He is a medical oncologist specializing in pelvic malignancies, survivorship particularly as it pertains to sexual health for men and women with cancer, and social media.

Lauren Sanchez, MD, MA

Lauren Sanchez, MD is an Assistant Clinical Professor in the Division of Pediatric Allergy, Immunology, and BMT at UCSF. She completed her Pediatrics residency at Children's Hospital of Philadelphia and returned to her native Bay Area for fellowship in Allergy and Immunology at UCSF.



Scarlet McClure, MD

Dr. McClure hails from Hayward California, and attended UC Berkeley then Keck USC School of Medicine. She has practiced Internal Medicine in Vallejo for 16 years and is currently splitting her time between home visits for homebound patients and skilled nursing facilities. She has served as Co-chair for the Filipinx Mental Health Initiative (Solano-Napa) and she is also a senior dancer with the LIKHA Pilipino Folk Ensemble, based in Oakland, CA.



workshop presenters



Angela Sy, DrPH

Angela Sy is an Associate Professor at the John A Burns School of Medicine, University of Hawaii (UH). She conducts community based participatory research with a focus on program evaluation among immigrant communities in Hawai'i—Filipino, Pacific Islander. At the faculty level, she evaluates programs within the UH and across partnering institutions to promote the research and academic careers of Indigenous and Pacific People (e.g., Native Hawaiian, Filipino) faculty and other groups who are underrepresented in academia.

Kevin Reyes

Kevin Reyes is currently a 3rd year UCSF medical student with an interest in internal medicine, hematology/oncology, cancer immunotherapies, and health disparities. He was born in San Antonio, Texas before living for a few years in the Philippines and eventually stayed in the US in northern California. In his free time, he enjoys hiking, weightlifting, playing tennis and basketball, and reading.



Angelico Razon, MD, MPH, MSHP

Dr. Angelico Razon is a Assistant Professor in Health Systems Science at Kaiser Permanente School of Medicine. His research interests include patient- and community-centered system design and policy interventions to promote patient self-efficacy and address social determinants of health. His research focuses on transitions of care, especially with how Children and Youth with Special Health Care Needs (CYSHCN) access the healthcare services as they develop into adults.

workshop presenters



Edgar Miles C. Leviste, MD, FAAP

Edgar Miles C. Leviste, MD, FAAP is a pediatric hospitalist with Atrium Health. As a board-certified general pediatrician, he currently practices at Atrium Health Levine Children's Hospital in Charlotte, North Carolina and Atrium Health Jeff Gordon's Children's Center in Concord, North Carolina. He received his medical degree from Eastern Virginia Medical School and completed his pediatric training at the University of North Carolina in Chapel Hill.



Antonio Moya, MD, MPH

Antonio Moya, MD MPH is a Board Certified Neurologist, Adjunct Assistant Professor of Neurology at the Keck School of Medicine of USC, and LA County Department of Health Services Scholar working at Rancho Los Amigos National Rehabilitation Center. Antonio co-founded the Council of Young Filipino Americans in Medicine (CYFAM) in 2019. Prior to residency, he graduated from the UCSF School of Medicine as a PRIME-US Scholar and also completed his MPH at the Harvard School of Public Health with a focus on Global Health in Asia. He was awarded a Fulbright Fellowship in the Philippines before medical school, specifically working on establishing telemedicine stroke care in this archipelago nation of more than 7,000 islands.



Melissa Palma, MD, MPH

Melissa Palma, MD, MPH (she/her/siya) is an Iowa-raised daughter of Filipino immigrants. She graduated with degrees in biochemistry and medicine from the University of Iowa and began her career dedicated to the health of historically excluded populations with an emphasis on immigrant and refugee health. Her medical school Global Health capstone project focused on health education programs for rural migrant farmworkers and a needs assessment of refugee social services in Iowa. Dr. Palma also trained in Preventive Medicine and Family Medicine at Cook County Health in Chicago, IL.

workshop presenters

Ronald H. Labuguen, MD

Ronald H. Labuguen, M.D., is a Professor of Family and Community Medicine at the University of California, San Francisco. He is the Medical Director of the Adult Urgent Care Center at Zuckerberg San Francisco General Hospital and Trauma Center (ZSFG), and a volunteer faculty preceptor with Mabuhay Health Center, a volunteer and UCSF student-run free clinic serving mostly Filipino patients living in the South of Market area of San Francisco. He also sees primary care patients at the Family Health Center at ZSFG, the largest primary care clinic in San Francisco.



Neille John Apostol

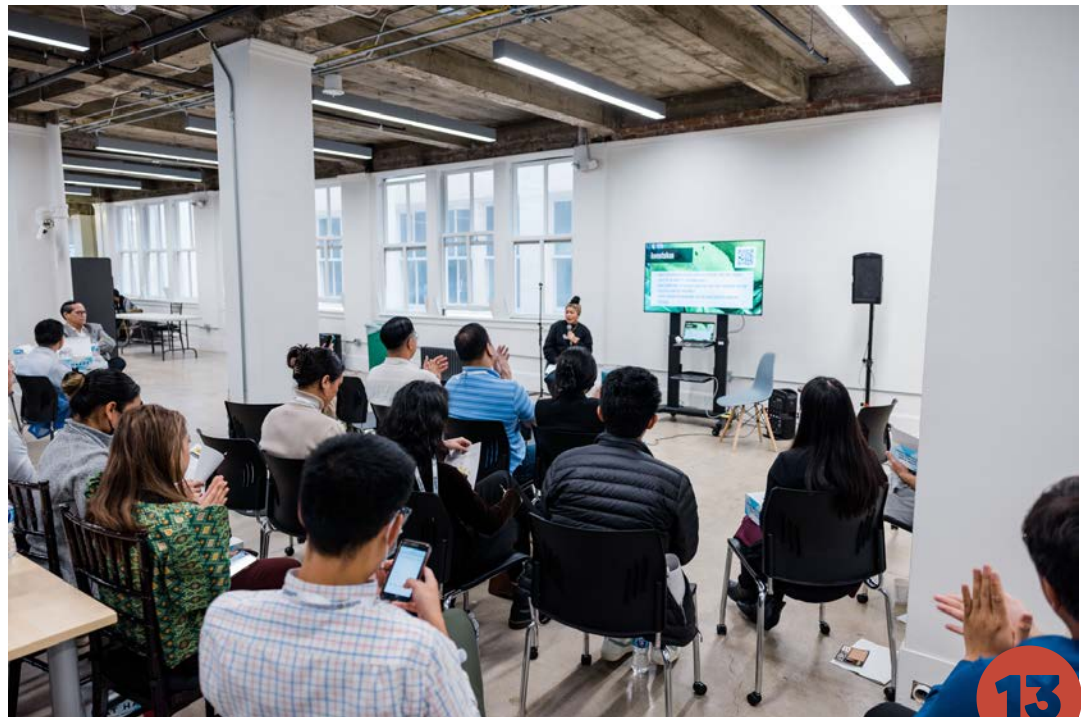
Neille John Apostol (he/they) is a public health graduate student at the California State University, Los Angeles. Outside of academics, he works in the pharmaceutical industry and remains involved in passion projects to improve community conditions in the Filipinx/a/o diaspora. He currently supports TayoHelp.com, a virtual help desk that provides culturally relevant information to Filipinx/a/o Americans pertaining to the COVID-19 vaccines and guidelines. Neille John also serves as a board member for the Filipinx/a/o Community Health Association (FilCHA)

Performers

HILOT WITH VERMA



Instagram: @hilotwithverma



inspiring speakers and thought-provoking seminars



(right) Dr. Vania Manipod gives a keynote address on *Prioritizing our Well-being in order to Best Help Our Filipinx Communities*



(left) Dr. Adrian Bacong leads a workshop examining the effects of U.S. immigration systems and structural racism on Filipinxs



rooted in advocacy for FilAm communities

(right) Grascelle Hipolito of Little Manila Rising gives a talk on holistic health through community-driven and culturally-rooted healing practices

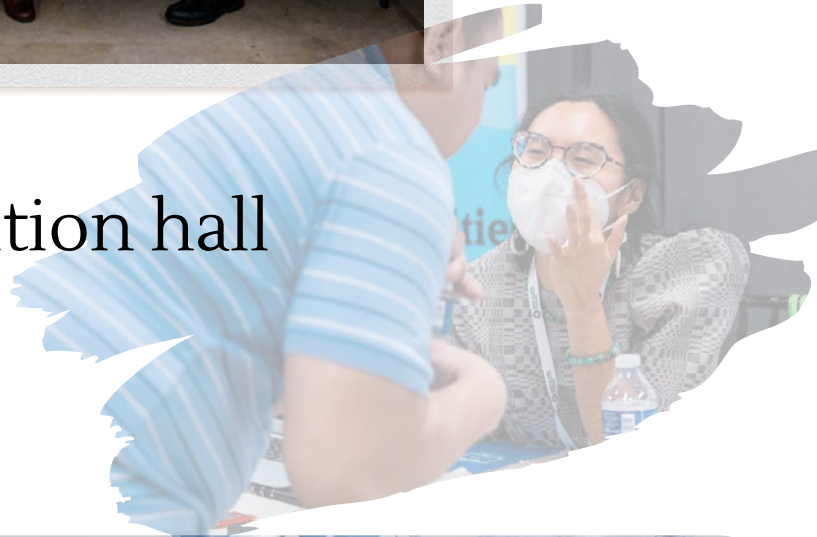


(left) Verma Soria Zapanta shares the history of *hilot* with conference attendees





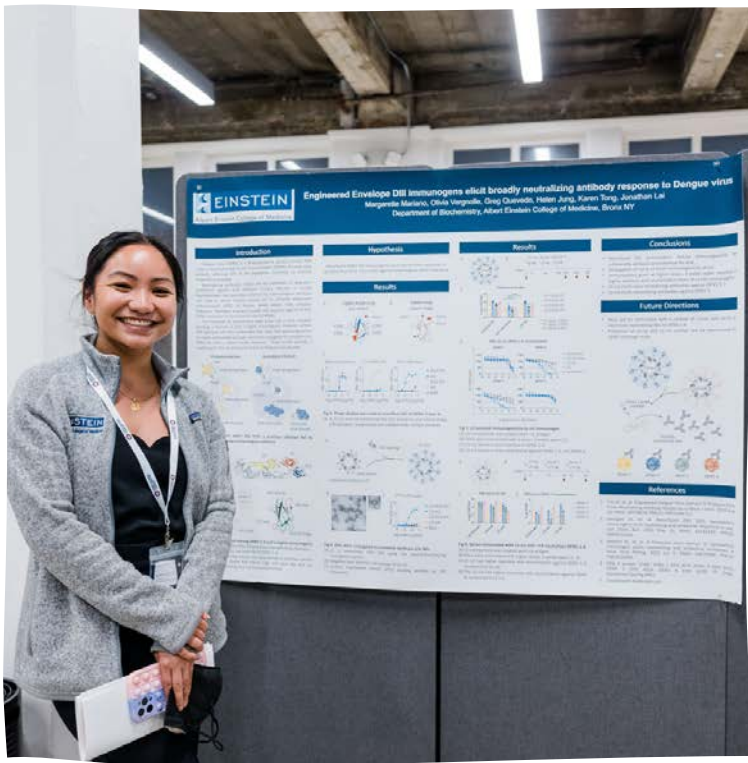
displays and exhibition hall



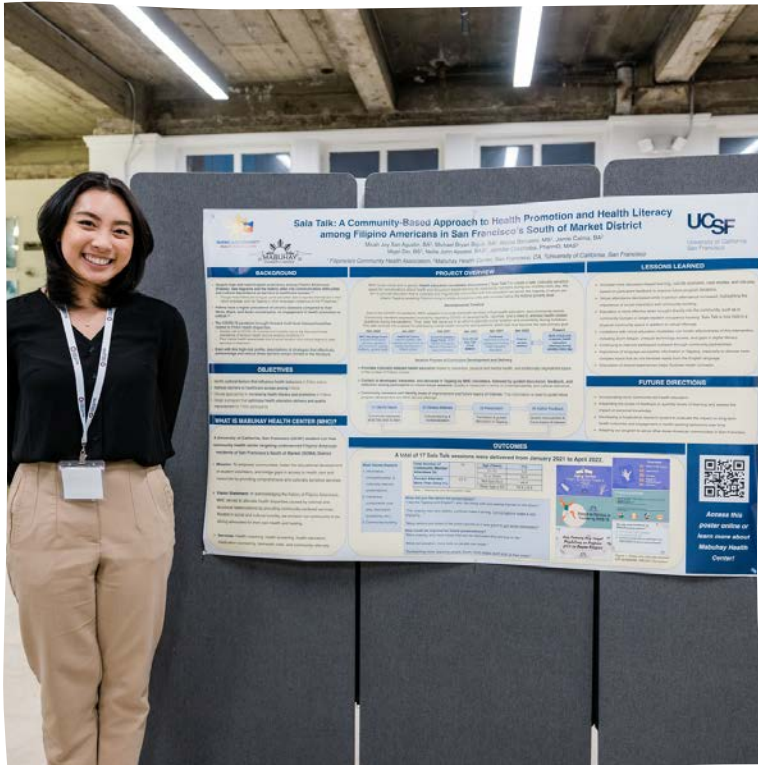


displays and exhibition hall

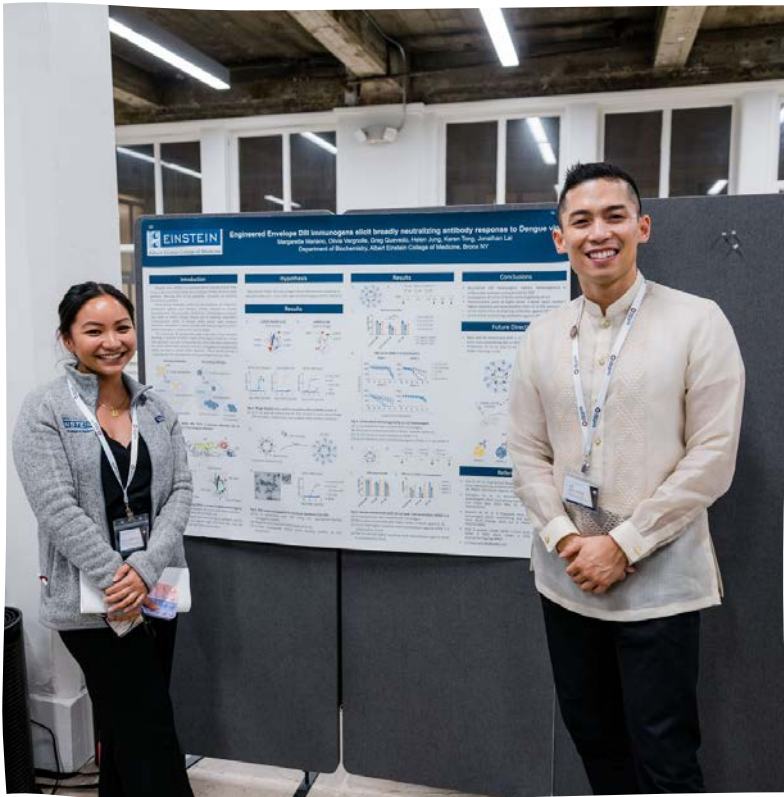
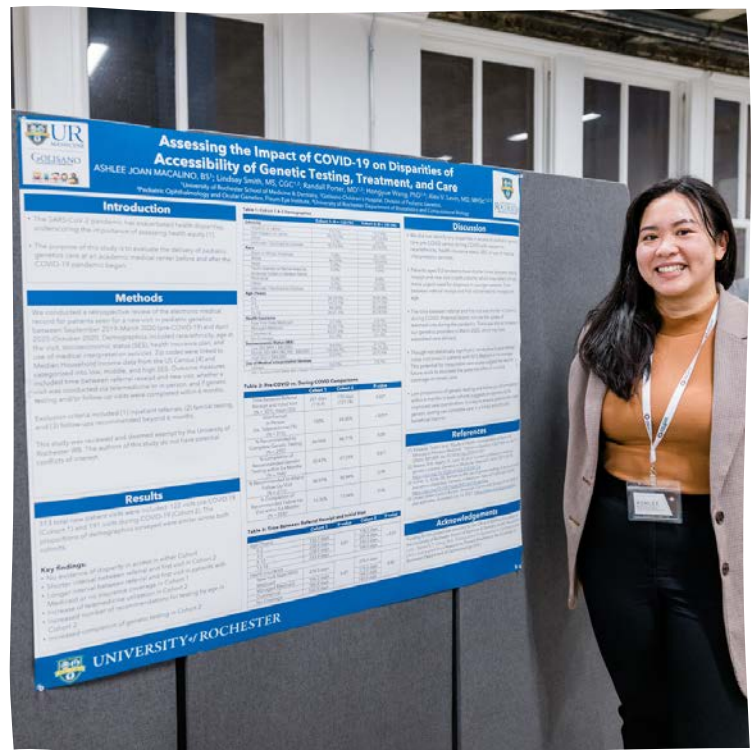




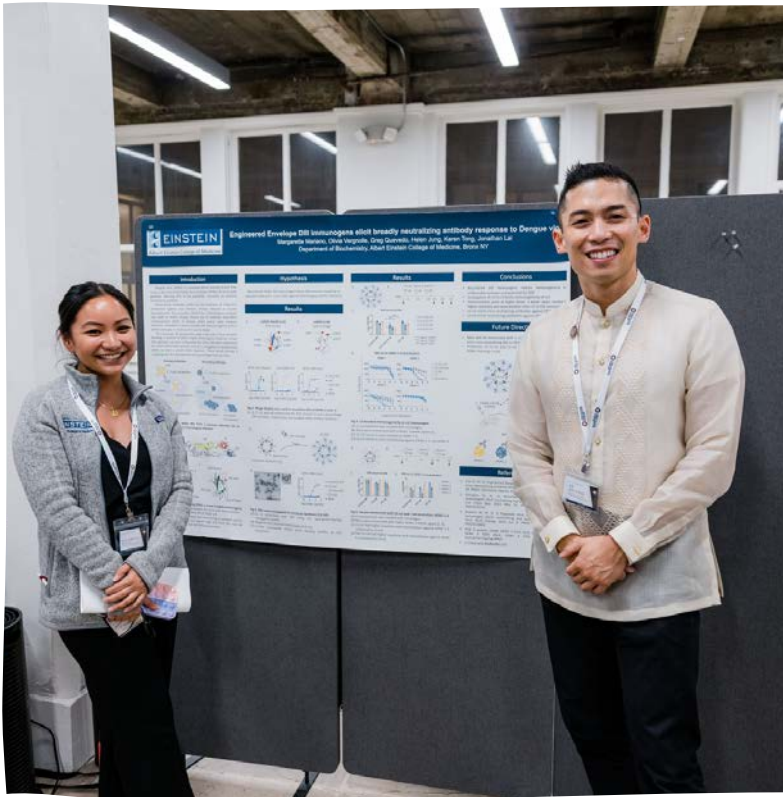
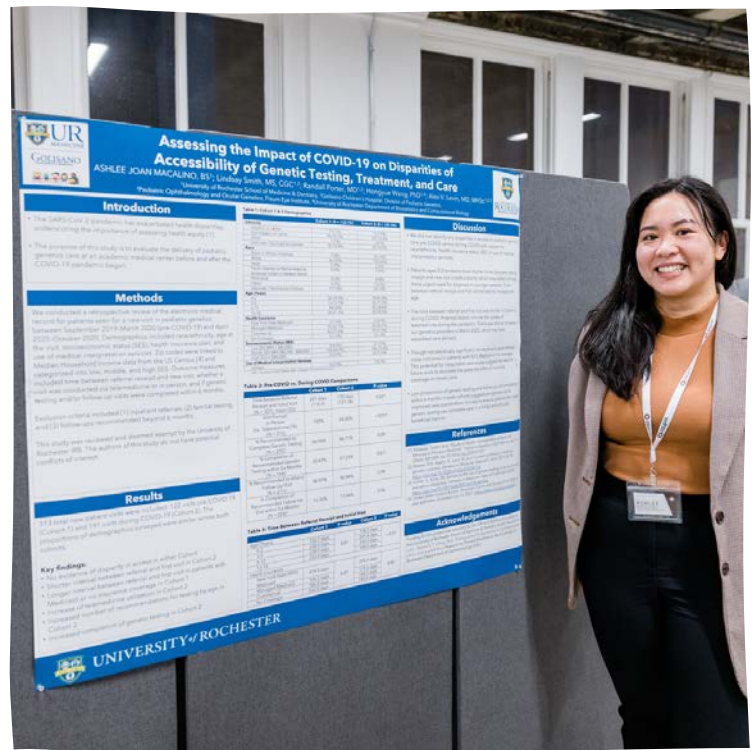
Engaging research by Fil-Am presenters



Engaging research by Fil-Am presenters



Engaging research by Fil-Am presenters



CYFAM Research Symposium Presenters



Gelbert Crescencio

Undergraduate/Pre-Medical Student, Amherst College

The role of Shank3 and zinc in CaMKII translocation by NMDA receptor stimulation

Instagram: @gel_cres



Edgar Theodore Polintan, MD

University of Santo Tomas

Adjunctive PD-1 inhibitor versus standard chemotherapy in recurrent or metastatic nasopharyngeal carcinoma: a systematic review and meta-analysis



Madison Cruz

Undergraduate/Pre-Medical Student, Virginia Commonwealth University

Evaluation of EtOH Abstinence in the Recovery of Neuropathic Evoked Behaviors in a Mouse Model of Alcohol-Induced Peripheral Neuropathy (AIPN)

Instagram/Twitter: @madisuncruz



Edward Daniel Mortalla

MD/PhD Student, Cebu Institute of Medicine

Occupational Stress and Stress Profiles of Rural Health Physicians Under the Doctors to the Barrios Program in the Philippines

Instagram/Twitter: @danielmortalla



Jessica de Leon, MD

University of California, San Francisco

Cognitive Assessment for Tagalog Speakers (CATS): A pilot study



Mericien Venzon

MD/PhD Student, NYU School of Medicine

Gut microbiome dysbiosis in COVID-19 patients is associated with increased risk for bacteremia and microbial translocation

CYFAM Research Symposium Presenters



Patrick Belen

Undergraduate/Pre-Medical Student, University of Southern California

Using Extracellular Vesicles from Induced Pluripotent Stem Cell Derived Mesenchymal Stem Cells as a Method of Gene Delivery

Instagram: @patrickvtc



Idda Colcol-Longakit

University of Alaska, Anchorage

Clinical Practice Considerations for Recent Filipino Immigrants who have Poor Sleep

Instagram: @iddacolcol



Rod Carlo Columbres

Medical Student, William Carey University College of Osteopathic Medicine

Bone scans findings in Patients with Paget's disease of bone associated with Multisystem Proteinopathy 1



Jaeny Delos Santos, MD

Philippine Christian University

Cardiac Surgery in Archipelagic Southeast Asia

Instagram: @kooie27

Twitter: @jaenyk



Riana Jumamil, MD

University of California, San Francisco

Use of the improvement index to evaluate equitable COVID-19 vaccine allocation in the San Francisco Bay Area

Instagram: @wowowitsriri



Gail Jerica Ma, MD

MedEx Health Network

Clinical Characteristics of Filipino Cohorts among Homebound Patients in Southern California: A Study from MedEx Health Network Database

Instagram: @notgailma

CYFAM Research Symposium Presenters



Ashlee Joan Macalino

Medical Student, University of Rochester School of Medicine & Dentistry

Assessing the Impact of COVID-19 on The Accessibility of Pediatric Genetic Testing, Treatment, and Care

Instagram: @ashlee.joan



Margarete Mariano

PhD Student, Albert Einstein College of Medicine

Structure based design of broad Dengue virus glycoprotein E DIII immunogens

Instagram: @marg_cm



Micah Joy San Agustin

Sala Talk: Promoting health and health literacy in the Filipino American community in San Francisco's South of Market District

Instagram: @micaake

Twitter: @micaaaake



Brian Sangalang

Medical Student, University of California, Riverside - School of Medicine

**Characterization of Indoor Rock-Climbing Injuries from 2012-2021
Social Media Usage Amongst Private Practice Plastic Surgeons**



Agustin Joshua Tongson

Undergraduate/Pre-Medical Student, University of California, San Francisco

Brain Correlates of Dispositional and Intervention-specific Optimism



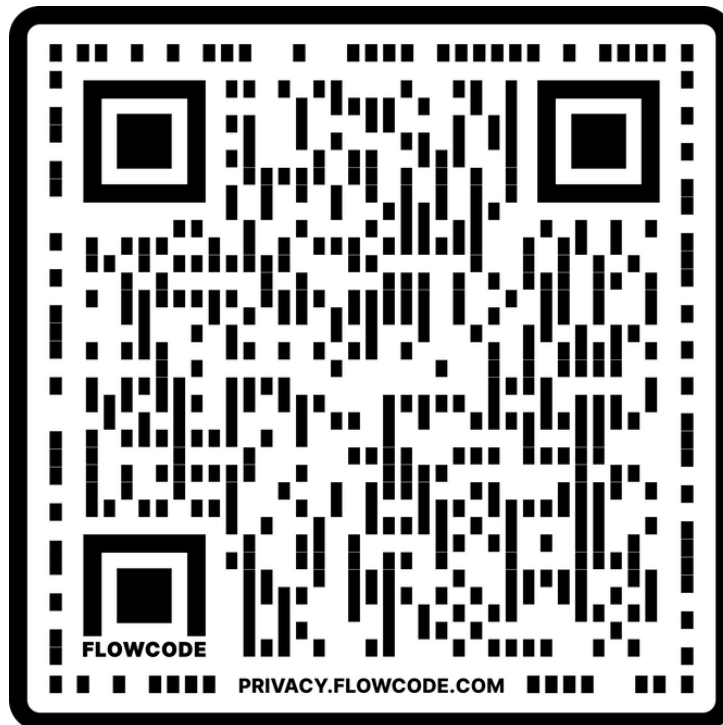
Katrina Villavert

Medical Student, University of California, Riverside School of Medicine

Engaging Filipinx American Perspectives on Alcohol Use and Associated Mental Health Issues in Inland Southern California

Instagram: @katweenna

Research Abstract Booklet





A weekend to connect alongside professionals



We could not have done this
without your support!



Maraming salamat!



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Ashlee Macalino

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Keziah Hidalgo
Ana Antonio
Dizarelle Dela Cruz
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meded.ucsf.edu/prime-us-program

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A network of leaders passionate about the Pilipino heritage and advocates for initiatives, programs, and causes that advance US and Philippine relations.



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